




# MAY | 2017

## VASD-BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> VIKING SCRAMBLER W/ HAM & WHOLE GRAIN TOAST MILK CHOICE FRUIT CHOICE OR 100% JUICE	<b>2</b> BACON BREAKFAST PIZZA MILK CHOICE FRUIT CHOICE OR 100% JUICE	<b>3</b> RAISINS CELERY STICKS PEANUT BUTTER WHOLE GRAIN MUFFIN MILK CHOICE OR 100% JUICE	<b>4</b> FRESHLY BAKED WHOLE GRAIN CINNAMON ROLL FRESH FRUIT CUP CHOICE OF 100% JUICE OR MILK	<b>5</b> SAUSAGE, EGG & CHEESE BREAKFAST SANDWICH ON A WHOLE GRAIN PRETZEL BUN MILK CHOICE FRUIT CHOICE OR 100% JUICE
<b>8</b> WHOLE GRAIN PANCAKES SYRUP CUP FRUIT CHOICE MILK CHOICE OR 100% JUICE	<b>9</b> HALF TURKEY & CHEESE WRAP W/ FRESH APPLE SLICES CARROTS STICKS HUMMUS MILK CHOICE OR JUICE CHOICE	<b>10</b> VIKING SCRAMBLER W/ BACON & WHOLE GRAIN TOAST MILK CHOICE FRUIT CHOICE OR 100% JUICE	<b>11</b> BACON & CHEESE BREAKFAST FRITTATA FRUIT CHOICE MILK CHOICE OR 100% JUICE	<b>12</b> <u>NO-HS BREAK</u> CHEESE CUBES WHOLE GRAIN CRACKERS FRUIT CHOICE MILK CHOICE OR 100% JUICE
<b>15</b> FRENCH TOAST SYRUP CUP SAUSAGE PATTY FRUIT CHOICE MILK CHOICE OR 100% JUICE	<b>16</b> BACON BREAKFAST PIZZA MILK CHOICE FRUIT CHOICE OR 100% JUICE	<b>17</b> STRAWBERRY YOGURT STRAWBERRY CHEX FRUIT CHOICE MILK CHOICE OR 100% JUICE	<b>18</b> FRESHLY BAKED WHOLE GRAIN CINNAMON ROLL FRESH FRUIT CUP 100% JUICE MILK CHOICE	<b>19</b> HAM, EGG & CHEESE BREAKFAST SANDWICH ON A WHOLE GRAIN BAGEL MILK CHOICE FRUIT CHOICE OR 100% JUICE
<b>22</b> EGG & CHEESE BURRITO W/ SALSA FRESH MELON MILK CHOICE OR 100% JUICE	<b>23</b> HALF TURKEY & CHEESE WRAP W/ FRESH GRAPES CARROT STICKS MILK CHOICE JUICE CHOICE	<b>24</b> ASSORTED WHOLE GRAIN MUFFIN W/ FRESH APPLE SLICES VANILLA YOGURT MILK CHOICE OR 100% JUICE	<b>25</b> BREAKFAST BOAT (EGGS & POTATOES) FRUIT CHOICE MILK CHOICE OR 100% JUICE	<b>26</b> VIKING SCRAMBLER W/ SAUSAGE & WHOLE GRAIN TOAST MILK CHOICE JUICE CHOICE OR 100% JUICE
<b>29</b> 	<b>30</b> BACON BREAKFAST PIZZA MILK CHOICE FRUIT CHOICE 100% JUICE	<b>31</b> COTTAGE CHEESE DICED PEACHES WHOLE GRAIN CRACKERS CHOICE OF MILK OR 100% FRUIT JUICE		

**A COMPLETE BREAKFAST INCLUDES A WHOLE GRAIN RICH ENTRÉE, 1% OR FAT FREE CHOCOLATE MILK, CHOICE OF 100% FRUIT JUICE OR FRESH OR CANNED FRUIT**

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**BREAKFAST PRICE IS \$1.30**

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**OTHER BREAKFAST CHOICES AVAILABLE DAILY INCLUDE:**

**WHOLE GRAIN BENEFIT BARS, REDUCED SUGAR CEREALS AND CEREAL BARS, OATMEAL CUPS, YOGURT PARFAITS, PBJ JAMMERS, SUPER BAKERY PRODUCTS, WHOLE GRAIN ASSORTED MUFFINS, MINI CINNI'S & FRUIT FRUDELS**

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**MENU IS SUBJECT TO CHANGE**

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