

2016-17 Important Sports Dates

The following are important dates for student-athletes in the Valders Area School District. Code meetings will take place in the Cafetorium. Impact testing (for grades 5th, 7th, 9th, and 11th) will take place in the Technology Education Computer Lab 016 as well as Computer Labs 118 and 120. These are required in order to participate in sports. Information is also available on the Valders Area School District Website.

NOTICE: The student/athlete and one parent/guardian MUST ATTEND one of these Code Meetings. It is mandatory to attend before any student/athlete can practice and participate in any sport. You will only need to attend one meeting for the entire 2016-17 school year if you will be participating in multiple sports throughout the year.

***CODE MEETING AND IMPACT TESTING DATES**

FALL, WINTER & SPRING SPORTS may attend.

*Monday, July 18th

*Wednesday, July 20th

*Thursday, July 21st

*Tuesday, August 2nd

-Impact testing at 5:00 PM for 5th and 7th grade student-athletes.

-Code meeting at 6:00 PM for 5th, 6th, 7th, 8th, 9th, 10th, 11th, 12th grade student-athletes.

-Impact testing at 6:30 PM for 9th and 11th grade student-athletes.

WINTER & SPRING SPORTS may attend.

*Tuesday, October 11th

*Sunday, October 23rd

-Impact testing at 5:00 PM for 5th and 7th grade student-athletes.

-Code meeting at 6:00 PM for 5th, 6th, 7th, 8th, 9th, 10th, 11th, 12th grade student-athletes.

-Impact testing at 6:30 PM for 9th and 11th grade student-athletes.

Sports First Practice Dates:

FALL

| | |
|-------------------|-------------------------|
| HS Football | August 2 nd |
| HS Swimming Girls | August 9 th |
| HS Cross Country | August 15 th |
| HS Volleyball | August 15 th |
| MS Football | August 3 rd |
| MS Cross Country | August 15 th |
| MS Volleyball | August 22 nd |

WINTER

| | |
|---------------------|---------------------------|
| HS Basketball Girls | November 7 th |
| HS Gymnastics | November 7 th |
| HS Hockey | November 7 th |
| HS Basketball Boys | November 14 th |
| HS Wrestling | November 14 th |
| HS Swimming Boys | November 14 th |
| MS Basketball Boys | October 31 st |
| MS Basketball Girls | January 9 th |
| MS Gymnastics Girls | January 9 th |
| MS Wrestling | January 9 th |

SPRING

| | |
|-------------|------------------------|
| HS Track | March 6 th |
| HS Softball | March 13 th |
| HS Soccer | March 20 th |
| HS Baseball | March 20 th |
| HS Golf | March 27 th |
| MS Track | March 13 th |